

MANASQUAN TURKEY TROT

The Twenty Seventh Annual Five Mile and One Mile Run

DATE: Saturday, November 21, 2009 Rain or Shine, Course Certified

TIME: 8:30 a.m. — Shirt pick up & Post Registration for 1 mile only
10:00 a.m. — One Mile Run
11:00 a.m. — Five Mile Run

ENTRY FEE: \$25.00 Pre-entry — Received before November 8th
\$27.00 Post Entry (Not guaranteed shirt size)
NO REGISTRATION RACE DAY FOR 5 MILE

Entries will be limited to the first 2,000 runners in the 5 mile
Pre-registration deadline to guarantee long sleeve shirt size on or before November 8, or when entry limit is reached. Shirts NOT picked up by the end of the race are forfeited. NO shirts will be held or mailed.

STARTING POINT: First Avenue and Main Street

FINISH LINE: Second and Ocean Avenues at the Little League Field

AWARDS: Awards to Overall winners - Male and Female
Awards to first Five Male and Female Finishers
First Manasquan Male and Female Finishers
Awards to winner in each age category, Male and Female
Medals to all runners 12 and under in both races
350 additional certificates and other prizes awarded. Race number will be picked out of a drum the day before the race. You must be present at race with your race number for prizes. No duplication of awards, except Resident.

Welcome to the Manasquan Five Mile and One Mile Turkey Trot Run. This race is for everyone from the young to the young at heart. Everyone has a chance to win with our Random Prizes. We look forward to seeing you on Race Day!

Sincerely,
The Race Committee

All proceeds donated to local charities and non-profit organizations.

PLEASE NOTE — YOU WILL RECEIVE YOUR RACE NUMBER AND INFORMATION PACKET BY MAIL IF RECEIVED BY NOVEMBER 14, 2009. LATE ENTRIES PICKED UP DAY OF RACE.

OFFICIAL ENTRY FORM

PLEASE PRINT

Last Name, First Name, Middle Initial (Skip space between words)

Street (Including number)

City

State

Category (Check one) Male Female

Zip Code

Age On Race Day For Appropriate Race

5 Mile 10 and under 11-13 14-17 18-24 25-29 30-34 35-39 40-44 45-49 50-59 60-69 70-up 80+

1 Mile 5 and under 6-7 8-9 10-11 12-15 16-Over

Shirt Only - mark size below - \$15.00

Adult Long Sleeve Shirt Sizes S M L XL XXL add \$2.⁰⁰ -

Youth Sizes Only 14-16 Area Code Phone Number

INCOMPLETE OR UNSIGNED FORMS WILL NOT BE ACCEPTED!
You MUST Enclose a Self Addressed, Stamped Envelope with Each Entry.

In consideration of my entry being accepted in the Manasquan Turkey Trot. I, intending to be legally bound, do hereby, for myself, my heirs, executors, and assigns, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Manasquan Recreation Commission, the town of Manasquan, the County of Monmouth or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns, and sponsors for any and all damages which may be sustained and suffered by me in connection with my association with or entry or participation in The Turkey Trot. I understand that a physical examination is not required to qualify to run this event and that all competitors participate at their own risk. (If in doubt as to your physical condition to engage in an event as strenuous as this race, it is strongly recommended that you seek the advice of a competent physician.) I also understand that in the event this race cannot be held as scheduled due to an act of God or circumstances beyond control, the race is not liable to refund any money paid by me to participate. I release the rights to any and all photographic material, including film, the Manasquan Turkey Trot may wish to release for this event without obligation to me. All persons under 18 years of age must have written consent of parent or legal guardian to compete in the above-mentioned events. I, the undersigned parent or guardian hereby consents to the applicant's participation and waives and releases all rights and claims for damages as is more fully set forth above.

Signature _____ Date _____

Parent/Guardian Signature _____ Date _____
 (If runner is under 18, parent/guardian must sign.)

CHECK LIST:

- Check or money order for \$25.00 payable to MANASQUAN TURKEY TROT before November 8 – \$27.00 after.
- 5 Mile or 1 Mile Race and Age Marked Above
- STAMPED, SELF ADDRESSED ENVELOPE - #10 Legal Size Required
- Completed and SIGNED Entry Form
- Separate checks and envelopes required for each entry
- Shirt Size must be indicated

PLEASE MARK 1 MILE OR 5 MILE ON ENVELOPE GOING TO TURKEY TROT

MAIL TO: Manasquan Turkey Trot, P.O. Box 588, Manasquan, NJ 08736 with 1 or 5 mile marked on envelope. (732) 223-2894

COURSE RECORDS

COURSE RECORDS

MALE			FEMALE			MALE			FEMALE		
Tim Coles	24:36	1983	Kim Evans	30:24		Marcus O'Sullivan	23:20	1996	Cindi Girard	28:11	
Dave Billings	25:26	1984	Shirley Finken	30:08		Nick McDonough	25:42	1997	Heather Bury	29:09	
Frank McConville	24:24	1985	Jan Block	31:04		Elias De Olivera	25:30	1998	Kelly Vanasse	28:05	
Frank McConville	24:53	1986	Theresa Marciani	29:41		Bryan Spoonire	23:18	1999	Heather Bury	28:52	
Gary Wersinger	24:59	1987	Patricia Maldjian	30:28		Dave Slavinski	24:22	2000	Barbara Moldoch	29:30	
Frank McConville	24:20	1988	Patricia Maldjian	29:24		Dave Slavinski	24:41	2001	Alicia Kelly	28:57	
Marcus O'Sullivan	23:53	1989	Jill Duthie	28:59		Dave Slavinski	25:09	2002	Heather Bury	29:20	
Gary Wersinger	24:48	1990	Sandy Aercion	28:48		Dave Slavinski	24:55	2003	Jill Evarts	29:47	
Gary Wersinger	24:45	1991	Alicia Moss	27:05		Gary Cohen	27:35	2004	Megan Phillips	29:16	
Fred Klevan	24:37	1992	Jill Evarts	28:41		Ken Shatzer	27:15	2005	Ali Belicase	30:58	
Fred Klevan	24:52	1993	Chris D'Alessandro	29:23		Bill Nastasiak	27:20	2006	Rachel Provost	30:07	
Gunnar Svendsen	25:52	1994	Alicia Kelly	28:05		Rob DeFilippis	26:20	2007	Erin Enderly	30:30	
Marcus O'Sullivan	23:29	1995	Madelyn Levine	28:56		Dave DeMonico	27:04	2008	Erin Enderly	30:40	