



# TIM'S TRIATHLON

**25** YEARS  
OF SERVICE



**25** MILES  
OF BIKING



**25** MILES  
OF RUNNING



**DATE:**

**MAY 3<sup>RD</sup>, 2007**

**START:**

**STATE POLICE HEADQUARTERS  
WEST TRENTON, NJ**

**FINISH:**

**JACK'S TAVERN  
BELMAR, NJ**

**ETA:**

**5:00PM**

(ESTIMATED TIME OF ARRIVAL)

**JERSEY  
SHORE**  
RUNNING CLUB

