

THE RUMSON FAIR HAVEN RUN

SUNDAY, MAY 6, 2007 • 9:30 A.M.

RUMSON-FAIR HAVEN
REGIONAL HIGH SCHOOL
74 Ridge Road, Rumson, NJ

15th Annual
CRYSTAL JUBILEE



*The A.J. Bruder
Memorial 5 Mile*

*The Rumson-Fair Haven
3K Community
Fun Run/walk*

Kiddie Dashes

*“Running for
Education”*

THE RUMSON FAIR HAVEN RUN
P.O. Box 760
RUMSON, NJ 07760



THE FIFTEENTH ANNUAL

Rumson Fair Haven Run

Sunday, May 6th – 9:30 a.m.

**A.J. Bruder Memorial
Winner of the First Rumson Run**

Profits help fund scholarships for Rumson Fair Haven Regional High School Students, local volunteer emergency service groups, and the Rumson & Fair Haven Elementary Schools.

REGISTRATION INFORMATION

Pre-Registration

- \$18. 5 Mile
- \$17. 3K Fun Run/Walk
- \$ 8. Kiddie Dashes

Family discount :

4 or more members of same family deduct \$10.00

By Mail – All pre-registration entries must be postmarked on or before May 1, 2007. **Please do not mail the entry form after May 1, 2007.**

Register online at www.active.com or download Application at www.jsrc.org (in cooperation with the Jersey Shore Running Club).

Kiddie Dash -Entries do not need Self Addressed Stamped Envelope.

In Store –Register before May 1st, 2007 at the Running Store, The Grove, Route 35, Shrewsbury, N.J.

For information, call (732) 758-8008

Post-Registration:

- \$25 5 Mile
- \$20 3K Rumson-FH
Community Fun Run
- \$10. Kiddie Dashes

T-Shirt and packet pick-up at the Rumson-Fair Haven Regional High School cafeteria (back of School) on:

- | | | |
|----------|-------|----------------|
| Friday | 05/04 | 4 to 6 p.m. |
| Saturday | 05/05 | 9 to 12 noon |
| Sunday | 05/06 | 8 to race time |

T-Shirts guaranteed to first 500 runners in each race.

COURSE

USATF certified and sanctioned. Fast, scenic terrain, every mile marker water stations and timed splits. Finish line management on high school track. E.M.S. sweep vehicle on course. Massage therapist and health screening available on finish field.

AWARDS (No Duplicates)

A.J. Bruder Memorial, 5 Mile

Prizes will be awarded to the top three overall male and female runners. Age group awards will be given in the following categories: for the top three (3) male and female finishers 14 and under, 20 and under, 30 and under, 40 and under, 50 and under, 60 and under, 70 and under, 70+ and first place male and female wheelchair finishers. First & Second RFH Grad.

Rumson-Fair Haven 3K Community Fun Run/ Walk (Timed Race): Medals to all finishers and prizes for first & second RFH grad.

Kiddie Dashes (Grades Pre-K – 3): Medals to all finishers.

RACE DAY SCHEDULE OF EVENTS

Sunday, May 6th, 2007

- | | |
|------------|-------------------------------------|
| 8:00 a.m. | Registration and Packet Pick-up. |
| 9:30 a.m. | AJ Bruder Memorial 5 Mile |
| 10:45 a.m. | 5 Mile Awards |
| 11:15 a.m. | Rumson-FH
Community Fun Run/Walk |
| 12 noon | Kiddie Dashes – Football Field |

DIRECTIONS TO RUMSON FAIR-HAVEN REGIONAL HIGH SCHOOL

Garden State Parkway to exit 109. Take Route 520 (Newman Springs Road) East to end. Turn left onto Broad Street to second traffic light, turn right on Harding Road. Go approximately 4 miles (Harding will become Ridge Road after 1 ½ miles). Look for Rumson-Fair Haven High School on left. Parking is available in the East and West lots and on the surrounding side streets, except Black Point Road.

ABSOLUTELY NO strollers, roller blades, skateboards, or bicycles allowed in 5 Mile or 3K Race.

WE SALUTE OUR MAJOR SPONSORS, WHO HELP MAKE THIS EVENT POSSIBLE



THE RUMSON FAIR HAVEN RUN * SUNDAY, MAY 6, 2007

CHECKS ARE TO BE MADE PAYABLE TO "RUMSON FAIR HAVEN RUN, INC."
& returned to The Rumson Fair Haven Run, Post Office Box 760, Rumson, NJ 07760

ONE ENTRY PER APPLICATION

NO REFUNDS, EXCHANGES OR TRANSFERS

APPLICATION MAY BE REPRODUCED

LAST NAME

FIRST NAME

STREET ADDRESS

CITY

STATE

ZIP CODE

AREA CODE & TELEPHONE NUMBER

AGE

SEX

M

F

RFH GRAD

5 MILE/ 3K
ADULT SHIRT SIZE

S M L XL

KIDDIE DASH
CHILD SHIRT SIZE

S M L

SCHOOL _____ GRADE _____

TEACHER _____
(Last Name Only)

Check appropriate event below:

PRE-REGISTRATION - POSTMARKED BY 05/01/07

LATE REGISTRATION - 5/01/07 - 5/06/07

5 MILE RACE.....\$18

5 MILE RACE).....\$25

3K COMMUNITY FUN RUN/WALK.....\$17

3K COMMUNITY FUN RUN/WALK.....\$20

KIDDIE DASHES (GRADES PRE-K TO 3).....\$8

KIDDIE DASHES (GRADES PRE-K TO 3).....\$10

APPLICANTS MUST SIGN WAIVER:

In consideration of this entry acceptance, I, my heirs and administrators, hereby waive any and all claims for damages I may have against The Rumson Fair Haven Run, Inc., the Rumson-Fair Haven Regional High School PTSA, The Rumson-Fair Haven Board of Education, the Boroughs of Rumson & Fair Haven, the Representatives, Successors or Assigns of these organizations, Race Volunteers, and all Sponsors, for injuries that may be suffered by me in this event. I will additionally permit use of my name and pictures in media coverage. I further attest that I am physically able to participate in the said event.

SIGNATURE _____ DATE _____

SIGNATURE OF PARENT (if under the age of 18) _____

RUNNER'S CHECK LIST:

- Have you entered the correct race?
- Stamped, Self-Addressed Business Size Envelope (for 5 Mile & 3K)
- Check or Money Order payable to Rumson Fair Haven Run, Inc.
- Separate Envelopes required for Each Entry
- Completed and Signed Entry Form
- Shirt Size must be indicated

Remember...You must enclose a self-addressed, business size, stamped envelope for 5 Mile and 3K registration.

RUMSON FAIR HAVEN RUN HOT LINE: 732-741-2140

www.rumson-fairhavenrun.org