

JERSEY SHORE RUNNING CLUB and SOUTHEAST District ELKS  
Second Annual

Info: 732-542-6090  
jsrc@hotmail.com

# Relay by the Sea



Three Person Teams - Each Runs 5 K or  
Two Person Teams - One Runs 10 K other runs 5 K  
or One Person Runs all 15 K



## Saturday - September 25, 2004

Twin, Triplet Team  
Category

### Sea Girt, NJ

Great Post Race Party!

### To Benefit New Jersey Elks Camp Moore

A Summer Camp for Children with Special Needs - Where Miracles Happen

Register OnLine at  
JerseyRunner.com

### 9 AM Start

WWW.JSRC.ORG

Registration Starts at 8 AM

Directions: Garden State Parkway Exit 98 to Rt 34 South to Atlantic Avenue East - Follow to Rt 35 around circle North to Sea Girt Avenue - Follow directly to Sea Girt National Guard Training Center after Rt 71 and across the tracks on the right.

### Long Sleeve T-Shirt to All Entrants

### Post Race Party, Awards Ceremony and Barbecue

### Award Categories - New - First Twins, Triplets!

Open Men's, Open Women's, Open Mixed, Master's Men, Master's Women, Mixed Master's  
Best Dressed Team, Most Spirited Team, Other Special Awards and Random Prizes

\$25 per person - \$20 for JSRC Members prior to September 18

\$30 after Sept 18 and day of for all - Shirt Not Guaranteed (\$15 without Shirt)

Please Fill Out Completely

Mail Below with Check to: JSRC Relay by the Sea, PO Box 7492, Shrewsbury, NJ 07702

Circle One

Open Men - Open Women - Open Mixed - Master's Men - Master's Women - Mixed Master's - Twins - Triplets

Team Captain \_\_\_\_\_ Team Name \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Amount Enclosed: Registration \$ \_\_\_\_\_ (See Above)  
Donation to Camp Moore \$ \_\_\_\_\_  
Total Enclosed \$ \_\_\_\_\_

Register Early - Team Members Can Be Changed at Any Time

T-Shirt Sizes  
List for Team  
S \_\_\_\_\_  
M \_\_\_\_\_  
L \_\_\_\_\_  
XL \_\_\_\_\_