

THE 43RD ANNUAL  
ASBURY PARK POLAR BEAR RACES, EST 1964  
SATURDAY, DECEMBER 30TH, 2006



ASBURY PARK, NEW JERSEY  
"THE LAST RACE OF THE YEAR"



ORGANIZED BY THE SHORE ATHLETIC CLUB  
SPONSORED BY OXFORD HEALTH PLANS

5 MILE RUN AT 1P.M. ON THE FAMOUS ASBURY PARK BOARDWALK.  
10 MILE RACEWALK AT 10A.M. ON THE FAMOUS ASBURY PARK BOARDWALK.  
5 MILE HEALTH WALK AT 10 A.M.

ADVANCE ENTRY FEE (BEFORE DECEMBER 24TH) \$10.00  
POST ENTRY, THEREAFTER, \$15.00  
\$2.00 DISCOUNT FOR SHORE AC MEMBERS

REGISTRATION AT ASBURY PARK CONVENTION HALL, OCEAN AVENUE

FOR INFORMATION CALL 732-222-9080 OR WWW.SHOREAC.ORG

TROPHIES TO TOP 10 MEN AND WOMEN IN EACH RACE  
PLUS 18 AND UNDER, 30-39, 40-49, 50-59, 60-69, 70 & UP CHAMPIONS

SPECIAL RANDOM DRAWINGS FOR A VARIETY OF PRIZES  
THE FAMED "POLAR BEAR" T-SHIRTS HOT SOUP!!!!

PLEASE PRINT

NAME \_\_\_\_\_ AGE \_\_\_\_\_

5 MILE RUN \_\_\_\_\_ 10 MILE WALK \_\_\_\_\_ T-SHIRT SIZE: \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

**MAIL TO:** ELLIOTT DENMAN, 28 NORTH LOCUST AVENUE,  
WEST LONG BRANCH, N.J. 07764.  
FOR INFORMATION: CALL 732-222-9080 OR E-MAIL ELLIOTTDEN@AOL.COM

I assume all risks associated with competing at this event and in consideration of your acceptance of my application, I hereby waive and release the Shore Athletic Club, the Road Runners Club of America, and all sponsors, organizers and volunteers, the municipality in which it is held, and their representatives, from claims and liabilities arising out of my participation in the event.

SIGNATURE \_\_\_\_\_