



5K Run/Walk in the Park

Sunday, April 10

Race entry fee includes lawn seat admission to Lakewood BlueClaws vs. Lake County Captains, 1 p.m. Race Day!

- Awards for all age groups
- Post race refreshments
- Race T-shirts (Guaranteed only to pre-registered entrants)
- Random Prize drawings

Time: Race begins at 10 a.m. sharp.

Start & Finish: Parking lot of FirstEnergy Park, Home of the Lakewood BlueClaws, Lakewood, NJ.

Entry Fee: 5K Pre-registration: \$20 (Postmarked by 4/6/05) 5K Race day registration: \$25
Kids Fun Run Pre-registration: \$10 Kids Fun Run Race day registration: \$15

Subscriber registration: \$15 for any home delivery subscriber to the Ocean County Observer, Asbury Park Press, Home News Tribune, or any of the following Gannett newspapers: Courier News, Courier-Post, The Daily Record, The Daily Journal. Discount available only to runners who pre-register.

All proceeds to benefit Newspaper in Education Program and Ocean Running Club Scholarship Program.

Asbury Park Press/Ocean County Observer 5K Run/Walk in the Park/Kids Fun Run Official Entry Form

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Age: (as of 4/10/04) _____ **Sex:** (M / F) _____ **5K** _____ **Kids Fun Run** _____

Shirt Size: S - M - L - XL (circle one)

Subscriber Account # _____ **Subscriber Newspaper** _____

Purchase additional lawn seats to the BlueClaws game at \$6 each. # of tickets _____

Waiver: In consideration of the acceptance of my entry, I myself, my representatives and assigns do hereby release and discharge the Ocean County Observer, Ocean Running Club, Jersey Shore Running Club, the Lakewood BlueClaws, Gannett Co., Inc. and the city of Lakewood and their employees and officials, all sponsors and volunteers for any claim arising or growing out of any activity in connection with my participation in this event. I attest and verify that I have full knowledge and appreciation of the risks involved, and I am physically fit and sufficiently trained to participate in this event. I attest and verify that I have full knowledge and appreciation of the risks involved, and I am physically fit and sufficiently trained to participate in this event. I am at least 18 years of age or have had this release signed by my parent/guardian if I haven't yet reached the age.

Participant Signature or Parent/Guardian (if under age 18) _____

Date _____

Checks payable to: Asbury Park Press/Ocean County Observer 5K



Mail completed entry forms to:
Asbury Park Press/
Ocean County Observer 5K
P.O. Box 907
Neptune, NJ 07754

Or register online at www.ocobserver.com. Team registration also available online at above site.

