

On September 10th

The Jimmy Hamilton Memorial Event

Presents the First Annual

Jimmy Hamilton 5K

5K Race starts 8:30am

1 Mile Fun Run 9:00am

7:45 am race packet pick up

This annual event is sure to become your favorite. The course is flat, fast and closed to traffic. It has scenic water view of the Jersey Shore. Post race party with food and drinks. Information tent on melanoma with free skin screening.

Jimmy Hamilton died of melanoma on the bottom of his foot on April 1, 2004 at 42 yrs old leaving his 4 yr old daughter behind. He was a wonderful giving man who loved to help people. So we are proud to present this event in his honor and by education and detection we will try to help prevent more stories like Jim's. We are an all volunteer non for profit charitable organization fighting melanoma by increasing awareness and giving help where we can.

Trophy Awards standard age groups

5k Awards 1-3rd overall Male & Female, 1-3 in each age groups - 19 & under, 20-29...60-69, 70 & up

1st Firefighter/Police

Entry Fees 5k

Pre-Registration (Received by 9/1/05) \$17.00

All Post Registration (postmarked after 9/1/05) \$22.00

Entry Fees: One mile fun run \$10.00

Make check to and mail to: The Jimmy Hamilton Memorial Event

PO BOX 4011, Middletown NJ 07748

Phone # 732-933-1495 Email: RumsonBuilder@aol.com

Directions

Parkway exit 117, take Hwy 36

East for 10-11 miles over The

Sandy Hook Bridge, stay right

into "Sandy Hook National Park".

Travel for approximately 4 miles

follow the signs to the race start

@ the cannon.

All Race Day Registration from 7:00 AM -8:00 AM at the "Off the Hook"

restaurant parking lot. Its on your right before The Sandy Hook Bridge on 36 east.

No race day registrations on Sandy Hook.

Please Print Information Below Event Entered (check one) 5k 1 mile run/walk

Last name _____ First _____

Address _____

City _____ St _____ Zip _____

Age on race day _____ DOB _____ Phone # _____ Male Female

Firefighter/Police

t-shirt size circle one S M L XL

In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all claims for damages I may have against the Jimmy Hamilton Fund, Sandy Hook National Park, Borough of Highlands, the representatives, successors or assigns of these organization, race volunteers, and all sponsors for any injuries that may be suffered by me in this event. I will additionally permit the use of my name and pictures in media coverage. I further attest and verify that I am physically able to participate in this event.

Signature _____

Date _____